

# APPLICATION INSTRUCTIONS FOR

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## EMBROIDERY EXPRESS

SEW DISKS FOR CUSTOM CUT APPLIQUÉS



**IMPORTANT TIP:**  
Carefully place the fabric within the running stitch. If not, the Border Stitch will not be positioned on the edge of the fabric.  
Sewing Speed: 500 – 700 stitches per minute.



**TIP:** Use thread color similar to the garment color for the Running Stitch.



### Getting Started:

Use the sewing order listed on the \*stitch proof to program the thread colors and applique stop. Once the garment is hooped, use the cross lines on the stitch proof to mark the origin on the embroidery machine.

*\*Print the stitch proof at actual size to ensure accurate placement and origin. For best results, use 11" x 17" paper and landscape orientation.*

### Sewing Order:

1. A running stitch is sewn to "mark-out" the outline of your design giving a guide of where to place your design.
2. The applique stop is a programmable color change. The stop location is where the needle will be positioned after the placement stitch is complete so you may precisely place the transfer inside the running stitch without the embroidery machine head in the way.
3. Lightly coat the back of the design with \*Stahls' Lite-Tack Spray.

*\*Use in well-ventilated area and away from equipment.*

For Pressure Sensitive Materials: Remove the protective liner from the pressure sensitive adhesive.

**Tip:** Bend the edge of the fabric to release the liner for easy removal.

4. Position the applique carefully and precisely within the running stitch.
5. The decorative border stitch will sew around the perimeter of the transfer.
6. This step only applies for detailed sew disks: any detailed direct embroidery incorporated into the sew file will sew last.
7. Finish with heat application to prevent puckering when laundered.

### Multi-Layer Designs:

Repeat steps 1 – 5 of the application process for each layer; the sew disk will begin with a running stitch on top of the background layer for positioning of the foreground layer, etc.

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